

# PROGRAMME OF SPORTS

All fell runners and senior track runners need to register at the Sports Tent

**Only 1 cash prize can be won per race.**

Children's U14 obstacle race will be arranged during the afternoon  
(no pre-entry required).

**The Mark McGlincy Cup for the Senior Athlete of the Day will be awarded to the senior runner who accumulates the most points in track events, £20 prize.**

**The Graham Wilkinson Cup plus keep sake for the Junior Athlete of the Day will be awarded to the U17 runner who accumulates the most points in track events.**

**The E.L. Martin Cup will be awarded to the best local Junior Fell Runner.**

**Sports trophies will be presented in the Secretary's Tent immediately after each race.**

**For 2019 the 1<sup>st</sup> prize money in each of the senior track races has been increased by £20 after a donation from an anonymous supporter .**

After 12.20 pm times are a guide only.

- 12.20 pm**    **Event 1**    Five Mile Race for The Rusland Trophy (1<sup>st</sup> Man or Lady)  
Men's Prizes: 1<sup>st</sup> £40, 2<sup>nd</sup> £20, 3<sup>rd</sup> £15  
Ladies Prizes: 1<sup>st</sup> £40, 2<sup>nd</sup> £20, 3<sup>rd</sup> £15.  
Any veteran over40: 1<sup>st</sup> £20, over50: 1<sup>st</sup> £10, over60: 1<sup>st</sup> £10
- Event 2**    Boys: 8 – 16 years old – 90 metres Handicap (heats)
- Event 3**    Girls: 8 – 16 years old – 90 metres Handicap (heats)
- Event 4**    Senior: 90 metres Handicap (17years & over) (heats)
- Event 5**    Boys: 8 – 16 years old – 90 metres Handicap (final)  
3 Trophies
- Event 6**    Girls: 8 – 16 years old – 90 metres Handicap (final)  
3 Trophies
- Event 7**    Senior: 90 metres Handicap (17years & over) (final)  
1<sup>st</sup> £50, 2<sup>nd</sup> £10, 3<sup>rd</sup> £5
- 1.00pm**                    **FANCY DRESS COMPETITION** (12 years and under)
- 1.15pm**    **Event 8**    Boys under 17: 800 metres Handicap  
1<sup>st</sup> John Morgan Trophy Plus 3 Trophies
- Event 9**    Girls under 17: 800 metres Handicap. 3 Trophies
- Event 10**    Senior: 800 metres Handicap (17years & over)  
1<sup>st</sup> £50 2<sup>nd</sup> £10, 3<sup>rd</sup> £5

- 1.30pm**    **Event 11**    Boys and Girls under 12 Fell Race  
1<sup>st</sup> The Frank Lomas Trophy  
3 Trophies for Boys (kindly donated by Kendal Trophies)  
3 Trophies for Girls (kindly donated by Kendal Trophies)
- Event 12**    Boys and Girls under 14 Fell Race  
1<sup>st</sup> The R.M. Jackson Trophy  
3 Trophies for Boys  
3 Trophies for Girls
- Event 13**    Under 17 Fell Race  
1<sup>st</sup> The Lawson Trophy  
Boys 1<sup>st</sup> £15, 2<sup>nd</sup> £10, 3<sup>rd</sup> £5  
Girls 1<sup>st</sup> £15, 2<sup>nd</sup> £10, 3<sup>rd</sup> £5
- Event sponsored by Furness & South Cumberland Supply Association**

- 1.30pm**                    **CHILDREN'S RACES** (under 8 years)  
See board at Sports Tent for details
- 2.15pm**    **Event 18**    Senior: 200 metres Handicap (17years & over)  
1<sup>st</sup> Matt McMahon Trophy  
1<sup>st</sup> £50, 2<sup>nd</sup> £10, 3<sup>rd</sup> £5
- Event 14**    Short Senior Fell Race (17years & over)  
1<sup>st</sup> (Man or Lady) The R. Harrison Trophy  
Men's Prizes: 1<sup>st</sup> £30, 2<sup>nd</sup> £15, 3<sup>rd</sup> £10  
Ladies' Prizes: 1<sup>st</sup> £30, 2<sup>nd</sup> £15 3<sup>rd</sup> £10  
Any veteran over 40: 1<sup>st</sup> £20, over 50: 1<sup>st</sup> £10
- 2.45pm**                    **CHILDREN'S PET SHOW** (12 years and under)  
**'DOG WITH THE WAGGIEST TAIL' COMPETITION- OPEN**  
**(winner will receive The Les Metcalfe Memorial Trophy)**
- 3.15pm**    **Event 15**    Ladies Egg and Spoon Race  
1<sup>st</sup> £5, 2<sup>nd</sup> £3, 3<sup>rd</sup> £1
- Event 16**    Boys and Girls U17 1600 metres Handicap  
3 trophies for boys & 3 trophies for girls
- Event 17**    Senior: 1600 metres Handicap ( 17years & over)  
1<sup>st</sup> The Vic Brockbank Trophy  
1<sup>st</sup> £50, 2<sup>nd</sup> £10, 3<sup>rd</sup> £5
- Event sponsored by the NFU (Ulverston Branch)**
- Event 19**    Boys 8 – 11 years old: 200 metres Handicap, 3 Trophies
- Event 20**    Girls 8 – 11 years old: 200 metres Handicap, 3 Trophies
- Event 21**    Boys 12 – 16 years old: 200 metres Handicap, 3 Trophies
- Event 22**    Girls 12 – 16 years old: 200 metres Handicap, 3 Trophies

**3.30 pm**            **EGG THROWING & CATCHING** (teams of 2)  
Adult and U16 teams - In the ring - £1 entry per team  
1<sup>st</sup> Prize £5 for adults team & U16's team  
**Event sponsored by John Watson**  
**Eggs provided by W&M Case & Sons, Plumpton Cottage Farm**

**3.45pm**    **Event 23** Senior: 400 metres Handicap 17years & over  
1<sup>st</sup> £50, 2<sup>nd</sup> £10, 3<sup>rd</sup> £5  
**Event sponsored by Rusland Valley Community Trust**  
**Event 24** Boys and Girls U17 400 metres Handicap.  
3 trophies for boys and 3 trophies for girls  
**Event 25** Tug of War: Adults team – open to all teams of 6 (at least  
2 females). **The winning team will receive £100,**  
**kindly donated by The Manor House, Oxen Park.**  
Children's teams of 8, aged 8 to 14. **The winning team**  
**will receive medals donated by Maureen Boyren**

## **HOUND TRAILS**

Prize money for each trail is split between the first 6 hounds

**1.30pm**    **Event 1** Hound Trail (under H.T.A Rules) Trails Guarded.  
The J. Ormandy Trophy plus £30

**2.15pm**            Hound Trail Puppy Show

**2.45pm**    **Event 2** Puppy Trail (under H.T.A Rules) Trails Guarded.  
The J. Wilkinson Trophy plus £25

**3.15pm**    **Event 3** Open Maiden (under H.T.A Rules) Trails Guarded.  
The E. Smith Trophy awarded to the 1<sup>st</sup> puppy maiden in  
the puppy trail, plus £25

**3.45pm**    **Event 4** Open Restricted (under H.T.A Rules) Trails Guarded.  
The Machell Trophy plus £25

The Allan Dugdale Memorial Trophy presented to the  
Senior Hound with most points throughout the year.  
The George Newby Memorial Trophy presented to the  
Puppy with most points throughout the year

The committee would like to thank everyone who has sponsored or donated prizes for the  
sports, members of the St. John Ambulance Brigade (Ulverston Section).

The officials and those who have helped in any way to make this event a success.  
Finally we would like to thank you all for coming, we hope you have enjoyed your day and  
look forward to seeing you again in 2020 on 15<sup>th</sup> August.

## **RUSLAND VALLEY HORTICULTURAL SOCIETY**

**President: Mrs Mary Dewhurst**  
**Vice-President: Mr Angus Adams**

### **136<sup>th</sup> Sports and Hound Trails**

to be held in Whitestock Meadow, Rusland, LA12 8LB

## **Saturday 17<sup>th</sup> August, 2019**

**Commencing at 12.20 pm**

**Field opens at 11.30 am**

**Children's Fancy Dress Competition**  
**Children's Pet Show**  
**Dog with the Waggiest Tail Competition**  
**Handicap Flat Races**  
**5 Fell Races**  
**4 Hound Trails**  
**Children's Races**  
**Ladies Egg & Spoon Race**  
**Tug of War**  
**and other events**

**Jester's circus skills workshops**  
**(kindly sponsored by Rusland Valley Community Trust)**

**ENTRY TO SPORTS INCLUDED IN SHOW ENTRY**

For further details please contact  
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[www.ruslandshow.org.uk](http://www.ruslandshow.org.uk)